



The Chinese University of Hong Kong The Nethersole School of Nursing



To News Editor
For Immediate Release

9 May 2009

CUHK's Nethersole School of Nursing Holds Workshop on Epidemic Prevention in Schools/Elderly Homes

In response to the cases of Influenza A (H1N1) reported in Mexico and the United States, the World Health Organization has declared the current situation constitutes a public health emergency of international concern, and considered it a potential pandemic threat around the world. In Hong Kong, upon confirmation of the first case of Influenza A (H1N1) on 1 May, the SAR government has raised the pandemic alert level to 'emergency' and urged all people in the territory to keep vigilant against the disease. Hong Kong is a densely populated city. If there is a pandemic outbreak in the community, students and older people would most likely be the high-risk groups of getting infected, in particular those in schools or elderly homes where communicable disease can easily spread through close person-to-person contact. Active epidemic prevention is therefore of top urgency.

In view of the above, The Nethersole School of Nursing at The Chinese University of Hong Kong (CUHK) held a Workshop on Epidemic Prevention in Schools/Elderly Homes today (9 May) which aimed to prepare the primary schools, kindergartens, specials schools and elderly homes in Shatin and Tai Po districts to practise appropriate precautions against the spread of Influenza A (H1N1). About 100 front-line staff of the schools and elderly homes joined the workshop. At her welcoming speech at the workshop, Professor Diana Lee, Director of The Nethersole School of Nursing, stressed the importance of epidemic prevention in the community. Through this workshop, she hoped to strengthen the partnership between the School and the community to facilitate the enhancement of community health.

Professors and instructors of The Nethersole School of Nursing were the speakers of the workshop. With their professional knowledge in nursing, the speakers updated the participants on the general information of Influenza A (H1N1), and also introduced effective precautionary measures specifically targeted to the unique needs of schools and elderly homes in epidemic prevention, such as the vital measures to maintain good personal and environmental hygiene. The participants were also divided into the school group and elderly home group for in-depth sharing of their particular concerns in relation to the prevention of Influenza A (H1N1), with speakers to provide professional opinions and suggestions.

The Nethersole School of Nursing of CUHK always reserves no efforts in influenza prevention and the promotion of community health through organizing health education and promotion workshops from time to time. The School hopes that this workshop would help the schools and elderly homes to better prepare themselves against the spread of Influenza A (H1N1) in order to provide the students and older people with a healthy and hygienic learning, residential and living environment and consequently reduce the possibility of getting infected.

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香港中文大學 那打素護理學院



致新聞編輯
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中大那打素護理學院舉辦 「學校/老人院舍齊防疫」工作坊

世界衛生組織宣布，在墨西哥和美國爆發的甲型流感(H1N1)疫情已令全球公共衛生進入緊急狀況，並有可能引發全球性流行病。香港於今年五月一日出現首宗確診個案，特區政府隨即將流感大流行戒備提升至「緊急應變級別」，呼籲全民防疫。事實上，本港人煙稠密，一旦社區爆發大流感，學童及老年人往往成為高危一族，尤其是在學校及老人院舍，人與人緊密接觸，容易導致交叉感染，因此積極防疫更是刻不容緩。

有見及此，香港中文大學(中大)那打素護理學院於今天(五月九日)舉辦「學校/老人院舍齊防疫」工作坊，目的是協助沙田及大埔區內的小學、幼稚園、特殊學校和老人院舍作好最佳的防疫準備，約有一百名學校和院舍的前線工作者參與。中大那打素護理學院院長李子芬教授致辭時強調社區預防傳染病的重要性，以及期望透過工作坊進一步鞏固學院與社區的夥伴關係，促進社區健康。

是次工作坊由那打素護理學院多位教授及導師擔任講者。他們以護理專業知識為基礎，仔細講解甲型流感(H1N1)的基本知識、識別徵狀及最新情況，並針對學校及院舍的獨特環境，提供一些有效的預防方法，例如在學校及院舍保持個人及環境衛生的措施等。工作坊亦設有分組討論環節，參加者分為學校組及老人院舍組，就各自所關注的防疫問題交流分享，並徵詢講者的專業意見。

中大那打素護理學院對預防流感及促進社區健康一向不遺餘力，經常舉辦工作坊及各種宣傳活動，以推動社區健康。學院希望是次「學校/老人院舍齊防疫」工作坊能夠協助學校和院舍作好防疫準備，防患未然，確保學童及老年人有健康衛生的學習、居住及生活環境，減低受感染的可能性。

二零零九年五月九日

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