MESSAGE

• Professor Enders Ng Kwok-wai, Associate Dean (Alumni Affairs), Faculty of Medicine

FEATURES

OUR LEADERS

• Doctor Proves White Coat And Legco Can Go Hand In Hand
• Doctor’s Risk To Go On Uncharted Path Of Administration Pays Off
• Liver Specialist Pushes To Build Dream Team After SARS Experience Changes His Perspective On Life
• Eye Doctor’s Craving To Help Society’s Unfortunate Opens Way To Some Unusual Charity Work

EVENT HIGHLIGHTS

• Professor Gerald Choa: A Visionary With A Caring Heart
• Medical Alumni Homecoming Day Cum Alumni Wall Unveiling Ceremony
• Gerald Choa Memorial Fund Scholarships
• Teachers’ And Students’ Awards Presentation Ceremony 2015
• Career Development Forum 2015 For Medical Students

NEWS BRIEF

• Reunion Gathering
• Old Photo Collection

STAY CONNECTED

• Medical Alumni Contact Update
WELCOME MESSAGE

“Through jointly publishing newsletters with CUHKMAA, we wish to keep our alumni connected and informed of the latest developments in both the Association and the Faculty.”

- Professor Enders Ng Kwok-wai
  Associate Dean (Alumni Affairs), Faculty of Medicine

It is an undeniable fact that the very first issue of CUHK Medical Alumni newsletter, which is a new collaborating initiative between the CUHK Medical Alumni Association (CUHKMAA) and the Faculty of Medicine, is a very successful one, and we have received a lot of good comments and feedbacks in the past few months.

This success actually rode on the very strong foundation laid by CUHK MAA who had previously published a large series of newsletters. The newsletters, (Fig.1) were the products of the relentless efforts by generations and generations of council members of the Association over the years. It is understandable that it was a hard job for the editorial board members in those days, because most of them then were busy doctors with heavy clinical workload in their daily duties. Resources, not only budgetary but also manpower, are very important to make things successful and sustainable. It is, therefore, the Faculty’s wish to join hands with CUHKMAA to enhance the efforts to connect and communicate with our alumni.

Since I was appointed as the Associate Dean of Alumni Affairs last year, I have been thinking how we could gather the hearts of over 3,000 medical alumni back to their alma mater. Through jointly publishing newsletters with CUHKMAA, we wish to keep our alumni connected and informed of the latest developments in both the Association and the Faculty. While the sense of belonging we wish to see from the present and future alumni is very abstract, it is an invaluable asset to the Faculty and the University. As our Dean of the Faculty of Medicine, Professor Francis K L Chan, mentioned in the last issue, it is the strength of unity that matters. Your support is, therefore, the most important driving force to all of us. With that, our Medical School shall excel and become the best of the best.

PS: Due to the overwhelming response to the Medic Bear, we are now working on a Bear in surgical gown. Very soon you will have choices to match your profession.
They are the crème de la crème of the CUHK medical alumni who dared to be different – a doctor turned politician, an administrator, a team builder and a charity events organiser. These four leaders exemplify what CUHK medical education is all about - paving one's own way and helping society. We talk to them to find out about their dreams and what they have achieved so far…

Dr Hon Leung Ka-lau is the Legislative Council’s (Legco) medical sector representative. He was the first public hospital doctor to be elected to the seat in 2008 after beating three other candidates. He resigned from the public sector in 2010 and is now a private medical practitioner. Again in the 2012 elections, Dr Leung managed to retain his Legco seat.

But don’t call him a politician. “I am not a politician,” he insists. “Just call me a Legco member.”

A typical “Legco” day for Dr Leung begins with the formal meetings in the Legislative Council. On many occasions, Dr Leung will stay in his office on the 8th floor of the Legco building - and listen to the proceedings on TV. At the same time he would also discuss with his Legco assistants his agenda for the rest of the day.

Dr Leung has joined six panels and committees. He is deputy chairman of the Health Services panel; the Chairman of the Subcommittee on Health Protection Scheme and a member of the Food Safety and Environmental Hygiene panel. He is also involved in the Economic and Development as well as Public Service panels. In addition to the formal meetings, Dr Leung says he will do his own research into various topics. “We can’t completely depend on the government. We have to come up with our own proposals.”

When approaching issues, Dr Leung says he tends to look at them dispassionately. “I am a scientific man. I will study the data first and then scientifically analyse them.”

Dr Leung says he is mainly interested in health-related policy issues such as the review of the public medical services and the Health Protection Scheme.

The legislator has to juggle between Legco meetings, attending events and seeing patients. “Because I now work in the private sector, most of my cases are not that urgent. So I can usually choose a time that works for both myself and my patients.” And, Dr Leung still does some part-time work for the Prince of Wales Hospital.

Dr Leung dedicates his chosen path as doctor-cum-legislator to his early years at CUHK. “The medical education at CUHK encouraged students to think out of the box, and not be bound by traditions.”

中大醫學院銳意創新，鼓勵學生突破傳統。

- Dr Hon Leung Ka-lau
  (梁家騮醫生, MBChB 1986)
There are all sorts of hurdles and anxieties I have to face, but having gone through the medical education at CUHK, I can say that I have learned a lot from the University’s growing pains.”

"There are all sorts of hurdles and anxieties I have to face, but having gone through the medical education at CUHK, I can say that I have learned a lot from the University’s growing pains.”

- Dr Luk Che-chung
(MBChB 1986)

Dr Luk says his education at CUHK, had a profound bearing on him. “Because we were a new medical school at that time, we brought in people from different countries so we were very international.” And given the fact that it was a new faculty, Dr Luk adds, there wasn’t any heritage or culture as such for them to follow. “We created our own culture - and that had an impact on all of us, including me…that we needed diversity and we had to walk our own path.

"Take my personal career as an example”, Dr Luk says. “In fact, very few medical graduates have undertaken such a career path. So I am not following anyone’s path as such. There are all sorts of hurdles and anxieties I have to face, but having gone through the medical education at CUHK, I can say that I have learned a lot from the University’s growing pains.”

Dr Luk says he decided on a managerial role because he felt he could then treat a lot more patients better. But it took him three years to overcome the dilemma of changing his mindset from being a doctor to a manager.

The CE admits he sometimes misses looking after patients. He worked as a clinical doctor for about four years, before starting his executive career in 1990. He recalls working in the Obstetrics and Gynaecology ward at Queen Elizabeth Hospital. “I actually enjoyed interacting with the mothers and babies. It’s amazing how this kind of interaction can bring a doctor so much satisfaction.”

Dr Luk has his own personal style - he would walk into wards unannounced. When he first started doing this, ward staff would panic and scramble to make calls to their superiors. But now, they are so used to him, they don’t get alarmed. Dr Luk uses these surprise visits to gauge what areas need improvements.

Dr Luk says there are a few basic principles which he would adhere to “in an obsessive manner” and they include integrity, public good, and long term interests. “In other areas, I would describe myself as easygoing.”
LIVER SPECIALIST PUSHES TO BUILD DREAM TEAM AFTER SARS EXPERIENCE CHANGES HIS PERSPECTIVE ON LIFE

“I am proud of CUHK. I have a lot of good colleagues here and it’s the bonding among us that keeps me here.”

我為中大醫學院感到驕傲。醫學院同事之間的凝聚力是我工作的動力。

- Professor Henry Chan Lik-yuen

Professor Henry Chan Lik-yuen is a SARS (severe acute respiratory syndrome) survivor. He was among the first batch of medical staff at the Prince of Wales Hospital who contracted SARS when the then unknown disease struck Hong Kong in 2003, killing 299 people and infecting about 3,000 others. Professor Chan had just joined CUHK a year ago as an Associate Professor.

“My condition was so bad I could hardly move,” Professor Chan recalls. “Whenever I turned, it was like I had just completed a marathon. So I had to lie in bed for 24 hours. There was nothing else I could do but think.”

“I asked myself if I died, would I be happy? I wouldn’t have to suffer anymore and I wouldn’t have to work. I should be happy, right? But why am I not happy?”

A memory of an event in the 1990s then came to mind. He was attending a memorial lecture on liver disease in the US. One of the top hepatologists at that time - Professor Jenny Heathcote from Toronto - gave the lecture and the first thing she did was to thank her mentor. “I was actually moved by her speech. So in bed with SARS I realised I also wanted to build something so that the world would become better when it was time for me to leave, and hopefully, I will be remembered. So, SARS actually changed the entire perspective of my life. I realised that no matter how much money I have, I still wouldn’t be happy because when I die, I wouldn’t be able to take the money with me.”

After his recovery from SARS, he dedicated himself to team building and hence took up an EMBA programme to brush up on his management and leadership skills.

But even before Professor Chan contracted SARS, he had already accomplished a lot in the 10 years since he graduated. He did extremely well in professional examinations and won many awards and prizes.

In 1996, he joined the Division of Gastroenterology but it merged with the liver division later. So when his mentor, a young professor, Joseph J Y Sung - CUHK’s current Vice-Chancellor and President - asked him to build the liver team, Professor Chan remembered responding: “Okay, boss, I can move to liver” - although liver was never his first specialty choice. The rest is history - by 2006, a Center for Liver Health was established, of which he is the Director.

“In 2013, he became the Director of the Institute of Digestive Disease. He is now the Assistant Dean (External Affairs) of the Faculty of Medicine. Despite being internationally recognised for his work, Professor Chan - who won the Ten Outstanding Young Persons Award in Hong Kong in 2008 - says he would not think of leaving. “I am proud of CUHK. I have a lot of good colleagues here and it’s the bonding among us that keeps me here.”
Dr Hunter Yuen Kwok-lai is always on the move. For this ophthalmologist, helping patients with eye problems is not good enough. He also wants to do more for society through charity work. Dr Yuen is a consultant at the Hong Kong Eye Hospital and is one of the few Oculoplastic and Orbital disease specialists in Hong Kong. He is renowned for his work in charitable organisations and at the community level, he has joined the Regeneration Society which helps patients with chronic illness and depression.

He also credits CUHK for his choice in becoming an ophthalmologist because the University, at that time, was the only teaching hospital offering the subject. “I found Ophthalmology very fascinating because it covers both medicine and surgery, and the surgical aspects are very challenging with a lot of microsurgeries.”

He is a volunteer surgeon for Project Vision and Lifeline Express - both charitable organisations aimed at combating cataract blindness and other eye diseases in mainland China. For instance, when Lifeline Express - a train that travels to different parts of mainland China to perform eye surgery - celebrated its 10th anniversary in 2007, Dr Yuen organised the anniversary celebrations in Fo Tan. “It was a memorable event,” Dr Yuen recalls.

In that same year, the Tibet rail link was completed and Dr Yuen was one of the first eye surgeons on board the train to perform cataract eye surgery on Tibetans.

Through his voluntary work, Dr Yuen says, he got the chance to become a radio host, a master of ceremonies, a charity organiser and an educator. He recounts one experience he’s described as “amazing”. “I was invited by the Life Underwriters Association to give a talk about voluntary work to some 1,500 agents at the Hong Kong Convention and Exhibition Centre. The stage was huge and the video screen was huge…”

He also got to travel to places he had never dreamed of ever visiting - Guwahati in the north-eastern Indian state of Assam and Lahore in Pakistan.

“I wouldn’t experience these things if I was just working as a doctor,” Dr Yuen says. “Working as volunteer gives me great satisfaction. You work with people who are motivated, who are happy. And you get to make many friends”.

“CUHK stressed the importance of having an all-round development…and this influenced me to take up voluntary service.”

中大醫學院重視全人教育，對我日後參與義工服務有著深遠的影響。

- Dr Hunter Yuen Kwok-lai

(袁國禮醫生 , MBChB 1995)
Professor Gerald Choa became the Founding Dean of the Faculty of Medicine at CUHK in 1977. His role in the setting up of the medical faculty and teaching hospital and making them into what they are today - internationally recognised - remain a legacy. To honour his contributions, the Gerald Choa Memorial Fund was set up in 2013 aimed at supporting various academic activities within the Faculty, including scholarships, the development of new curriculum and teaching facilities. Many graduates have since contributed to the Fund, either individually or collectively, and we spoke to some of them - known as Diamond Patrons - who donated HK$500,000 or above. Some remembered Professor Choa as a very serious man, but they all agreed that underneath the stern exterior, lay a very caring heart.

Dr Luk Che-chung (MBChB 1986), the Chief Executive of the Hong Kong West Cluster of public hospitals, was one of the first batch of students of CUHK’s medical school. He described the Founding Dean, Professor Gerald Choa, as a man who shouldered many responsibilities. When the medical faculty was first established, one of the many challenges Professor Choa faced was just where to send students for their clinical training. "It was only many years later, after I graduated, that I realised the immense difficulties Professor Choa and his staff encountered," says Dr Luk. "They had to make arrangements for students to have clinical teaching without a teaching hospital, and even weighing the option of sending them to the UK.”

Dr Luk says despite all the teething problems, Professor Choa reassured students that their studies would not be compromised. “In short, he was saying just leave the troubles to him. He was just such a great man.”

Professor Wing Yun-kwok (MBChB 1986) is a specialist in Psychiatry at the Shatin Hospital and Prince of Wales Hospital and the Associate Dean (Student Affairs) of the Faculty of Medicine at CUHK. “Professor Choa was a visionary leader. He wanted to build a medical school which had an international outlook. Before CUHK, there was no such thing called Chemical Pathology and Oncology wasn’t a sub-specialty. So he brought a lot of new perspectives…he introduced holistic care for patients.”

Professor Wing says Professor Choa also really cared about the students. “For example, when he found out there were no recreational facilities for students, he bought TV sets.”

Dr Siu Wing-tai (MBChB 1989), a specialist in General Surgery at the Hong Kong Sanatorium and Hospital, and one of the founding
members of the CUHK Medical Alumni Association, has great admiration for Professor Choa. “We all admired him but most of us were afraid of him because he looked very serious and when he gave lectures, he seldom smiled. When he walked around, everybody kept silent. But those who knew him said he was very kind to patients and good to colleagues. We will always remember what he told us during orientation about the Hippocratic oath...to cure sometimes, to comfort always.”

Dr Bonita Law Ka-bo (MBChB 1992), a private specialist in General Surgery, says she personally did not know Professor Choa, who had retired by then. But because she is “psychologically attached” to her alma mater and thankful for the medical education she received there, she contributed to the Fund. Dr Law, in fact, has another reason to be thankful to CUHK because it was there that she met her husband, Dr Siu Wing-tai. “No sparks flew between us when we first met,” she laughingly recalls. But it was only when he became her mentor at the Prince of Wales Hospital that their romance blossomed. “My husband and I are active in alumni activities and will come back every time there’s an occasion”. Dr Law’s hope is that the younger generation will donate to the Fund.

Dr Lee Wing-king (MBChB 1988), a specialist in Psychiatry at the Kwai Chung Hospital, says Professor Choa was serious but caring. “I still remember one incident vividly. During one of his lectures, I had the honour of carrying the round tray for video slides. It was a long walk to the lecture room and Professor Choa said... ‘Be careful, don’t drop the tray because it is your future. You drop it, you drop your future.’”

“In hindsight,” Dr Lee adds, “Professor Choa was simply trying to tell us that the future was in our hands, we control our future so we should do it with caution and concern.”

Dr Poon Kam-fai (MBChB 1989) is a private medical practitioner. Just like the others, Dr Poon’s recollection of Professor Choa was that he was a serious person. Dr Poon says he and 51 other classmates who collectively donated to the Gerald Choa Memorial Fund did so because “we are always ready to contribute to our alma mater”. Dr Poon appealed to other CUHK alumni to do the same.

Dr Paul Shea Tat-ming (MBChB 1989) is a private specialist in Geriatric Medicine. He has this advice for future CUHK doctors. “Do your best for the patients and become a patients’ advocate. Those who desire to do research work should be more innovative and again, gear towards the best interests of the patients.”

“I cherish the medical education at CUHK,” Dr Shea adds. “I hope other graduates are also proud and will contribute to society and to the Fund. They can use the Fund to go overseas and learn about the good and the bad, and when they come back they will have more experience and insight about their medical education.”
EVENT HIGHLIGHTS

MEDICAL ALUMNI HOMECOMING DAY CUM ALUMNI WALL UNVEILING CEREMONY

Despite the gloomy weather on the afternoon of January 24, some 350 people converged on the Choh-Ming Li Basic Medical Sciences Building on CUHK campus for the Medical Alumni Homecoming Day. There was a buzz of comradery as alumni and their families chatted amicably, with many agreeing that it was like visiting their parents’ homes. Dr Tai Kian-bun (MBChB 1993), a respiratory disease specialist says: “It’s a good chance for us to meet and also for us to reflect on where we grew. Sometimes we need to visit where we started.”

In his welcoming remarks, Professor Francis K L Chan, Dean of the Faculty of Medicine, reminisced about how the Faculty has come a long way since the days when the first batch of graduates had to study in a cargo container while the Prince of Wales Hospital was being constructed. Although the learning environment was challenging, Professor Chan recalled, the teachers taught with passion and wholehearted devotion. He also paid tribute to Professor Gerald Choa, the Founding Dean of the Faculty of Medicine and highlighted the Memorial Fund, named after Professor Choa.

The Alumni Wall - in the shape of a tree - was unveiled at the event. The Wall holds names of people who have donated to the Fund. The officiating guests included Mrs Anne Lee Liang, the daughter of Mrs Helen Lee, a major donor, several diamond patrons, as well as Professor Fok Tai-fai, Pro-Vice Chancellor/Vice-President of CUHK.

Afterwards, Professor Fok presented a souvenir (CUHK Medic Bear) to Mrs Anne Lee Liang while Professor Chan gave the Medic Bears to all the other diamond patrons.

Professor Enders Ng Kwok-wai, Associate Dean (Alumni Affairs), announced at the event new alumni initiatives, one of which was the Faculty’s Facebook. Alumni and families were then treated to a carnival comprising of games and stalls selling bric-a-brac. Other visitors toured the dissecting laboratory and children of the alumni were treated to an admission talk.

The special day also saw the launch of the CUHK Medical Alumni newsletter - a joint effort by the Faculty of Medicine and the CUHK Medical Alumni Association.
Medical Alumni

HOMECOMING

DAY
CUHK Medical Alumni newsletter
a BIG hit...

Excellent and fantastic. Couldn’t be better.

Professor Fok Tai-fai
Pro-Vice Chancellor/Vice-President, CUHK

Through the newsletter, we’ll be able to connect with more and more alumni to help them better understand the development of the Faculty, and what we can offer them.

Professor Francis K L Chan
Dean, Faculty of Medicine

The newsletter is really excellent because it brings all the information which is needed for the alumni to be aware of, such as the developments of the Faculty.

Dr Martin Wong Chi-sang
(MBChB 2000)
Associate Professor
The Jockey Club School of Public Health and Primary Care

I am very pleased I was involved in shaping the newsletter and the presentation was very good.

Dr Peter Kwong Kwok-hung
(MBChB 1988)
Editorial Board member
EVENT HIGHLIGHTS

TEACHERS’ AND STUDENTS’ AWARDS PRESENTATION CEREMONY 2015

The Teachers’ and Students’ Awards Presentation Ceremony 2015 was held on March 14 at the Sir Run Run Shaw Hall, CUHK campus. About 700 students, faculty staff, donors and guests attended this significant annual event.

The ceremony saw 19 academics being presented with “Teacher of the Year” awards. The event also recognised the academic accomplishments of brilliant students within the Faculty - including Medicine, The Nethersole School of Nursing, School of Chinese Medicine, School of Pharmacy and The Jockey Club School of Public Health and Primary Care - with many of them walking away with various prizes and scholarships.

“Studying a professional programme at CUHK is only the beginning of a life-long career in the medical and healthcare field,” Professor Francis K L Chan, Dean, Faculty of Medicine, noted in his welcoming speech.

A tea reception was then held at the University Mall to mark the end of this year’s awards ceremony.

Congratulations to all award recipients.

GERALD CHOA MEMORIAL FUND SCHOLARSHIPS

For the first time since the Gerald Choa Memorial Fund Scholarships were launched, 15 outstanding medical students from Med 1 to Med 5 were selected for four awards. The Scholarships - ranging between HK$10,000 to HK$50,000 - are based on different criteria such as admission results, financial needs and research or project-based proposals.

- Gerald Choa Memorial Fund Admissions Scholarship
- Gerald Choa Memorial Fund Overseas Exchange Scholarship
- Gerald Choa Memorial Fund Overseas Research Scholarship
- Gerald Choa Memorial Fund Community Service Scholarship

Some Scholarship awardees, from left to right: Chan Long (Med 3 /5-yr), Yung Wing-tak (Med 3 /6-yr), Lam Lok-ka (Med 2), Jonathan Leung Chung-fai (Med 3 /6-yr), Lam Chung-po (Med 2), Fong Ho-ching (Med 2), Harry Fung Sze-king (Med 1)
EVENT HIGHLIGHTS

Medic Bear

Standing just one-foot tall, he is cute and cuddly. Yes, we are talking about the Medic Bear who made his debut at the Medical Alumni Homecoming Day. Cutting a dashing figure with the time-honoured White Coat, symbolising professionalism and integrity, no one could but fall in love with him. Medic Bear was snapped up at the event and part of the proceedings will go to the Gerald Choa Memorial Fund.

Watch out for this little heartbreaker... he is due to make an appearance again.

CAREER DEVELOPMENT FORUM 2015
FOR MEDICAL STUDENTS

Some 130 medical students from Med 3 to Med 5 attended this year’s Career Development Forum on February 28. The forum was jointly organised by the Faculty of Medicine and the CUHK Medical Alumni Association (CUHKMAA).

Speakers included more than 27 CUHK medical alumni who, despite their busy working schedules in the public and private sectors, took time off to share their valuable advice on different specialties to the future young doctors. Topics covered were wide-ranging, from Anaesthesiology, Oncology, Radiology, Emergency Medicine to Paediatrics, Family Medicine, ENT, Ophthalmology, Neurosurgery and Psychiatry... to name a few.

The Forum was divided into two main sessions. The first involved a general introduction to the different specialties by the invited speakers. The afternoon session was more interactive, with students and speakers participating in a question and answer session. Besides giving students an insight into the different specialties, the Forum also gave them an opportunity to mingle with their future colleagues.
REUNION GATHERING

The MBChB Class of 1994 recently held their 21st Reunion Anniversary at S.H. Ho College of CUHK and everyone had a great time. If you are planning to organise a get-together of alumni friends on CUHK campus, or need advice on the type of events or venues, email us at medical_alum@med.cuhk.edu.hk.

“We must live together as brothers or perish together as fools”

Martin Luther King, Jr.

It is time to dust off old photo albums and walk down memory lane. Share with alumni precious memories of your alma mater captured in photos at the “Photo Collection Corner”.

Submit online:
** Photos posted online must be about 3M in size in JPG or TIF format.**

www.med.cuhk.edu.hk/oldphoto

By Post: Use address label on Page 15.
** Please ensure that you provide 1) your name; 2) graduation year; 3) email; 4) contact numbers; 5) a caption of no more than 30 words for each photo.**
## Medical Alumni Contact Update Form

**Surname** * :  
**Given Name** * :  
**Year of Graduation** * :  
**Specialty** * :  
**Mobile** * :  
**Email** * :  

* Mandatory

Providing the following personal information is Optional.

- **Pager** :  
- **Tel. No. (Home)** :  
- **Tel. No. (Office)** :  
- **Fax No.** :  
- **Home Address** :  
- **Office Address** :  

Please "✓" the appropriate box(es)

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The Faculty of Medicine treats the data provided by you as strictly confidential. The data is for the Faculty's administration and communication purposes, e.g. Medical Faculty News, activities, giving initiatives, courses and programmes. It will be synchronized with the University’s alumni database. The Faculty will not disclose any personal information to external bodies unless we have obtained your approval or the Faculty is required to do so by law. If you do not wish to receive emails from the Faculty in future, please let us know at medical_alum@med.cuhk.edu.hk.

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**Online update:**

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