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香港中文大學
The Chinese University of Hong Kong



香港中文大學醫學院
Faculty of Medicine
The Chinese University of Hong Kong



40th Anniversary
四十週年

CUHK Medical Alumni Newsletter

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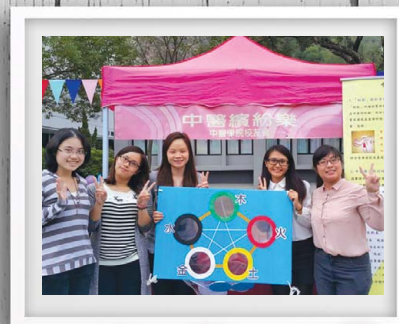
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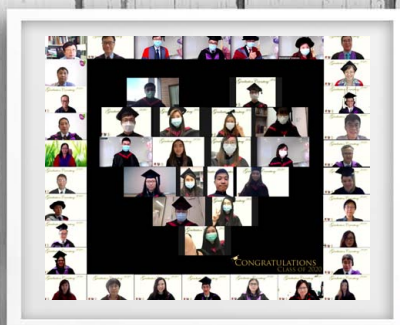
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President of CUHK Medical Alumni Association

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Welcome Message

Dr. Joseph CHANG

張熙澤醫生 (MBChB 2004)

President, CUHK Medical Alumni Association



It is my pleasure to welcome you to The Chinese University of Hong Kong Medical Alumni Association (CUHKMAA). This year, we are not only celebrating the 40th birthday of our Faculty, but also the milestone of our medical school reaching World's top 40th.

The establishment of CUHKMAA was to foster pride, prestige, and partnership among alumni, students, and the community, and to promote the value of our motto: "Strive for the best to benefit patients and society at large."

The world is becoming more complicated with every passing day. We get so involved with our families, work, and other obligations, that we can easily lose touch with those outside of our closest circles. The Alumni Association provides a way for you to stay connected with other alumni, staff and current and future students. Association events are catered to alumni from different generations, ranging from an intern mentorship programme to workshops on work ethics, work-life balance and job hunting. There are also social events such as homecoming, dragon boat racing, golf tournament, where we look forward to meeting some of our "new blood". Furthermore, I invite all new graduates to actively participate in our Alumni Buddy Programme established by our ex-President, the late Dr. SIU Wing Tai.

In the year since COVID-19 came into our lives, we have adjusted, reimagined, recreated and continued to offer the best version of CUHK Medicine that we could, in the safest way possible. While we cannot dictate the course of this pandemic, we can continue to face the problems it presents with creativity, flexibility and preparedness for whatever comes next. CU Medicine is a place I called home, and I am truly honoured to be the President of CUHKMAA. Being "40" is just the beginning of a new era, and together, let's *"Transform our passion into perfection"*.



People, Precision, Possibilities: 40 Years of CU Medicine Excellence

醫學院四十年 校友四海承風



Dr. HUI Ying Kei
許英琪醫生



Dr. Vincent LUK
陸毅康醫生



Dr. Harry SIN
冼佳卓醫生



Dr. Marc YANG
楊聿川醫生

It has been said that life begins at 40. With many of their early years spent in medical training, our doctors might just agree. At 40, they are on an invigorating cusp of their career, having just pooled substantial experience to tackle the years ahead with renewed inspiration. As we celebrate CU Medicine's 40th anniversary this year, and coincidentally, its 40th place in the recent Quacquarelli Symonds (QS) University Ranking, we invited four alumni to talk about the years that shaped them today—at 40 years old—and their dreams for tomorrow.

如果將中大醫學院比喻為一個人，會是一位40歲的有為青年，事業有成，是人生美好年華的開始。為慶祝創院40週年，並於2021年榮登QS世界大學排行榜全球第40大醫學院，我們邀得四位和本院同年誕生的醫科校友分享校園點滴及經歷。他們年輕有魄力並已累積多年的工作經驗，正邁向事業高峰。

Weaving through the stories of CU Medicine graduates is one important word: *remember*. Wherever they are in the world, and no matter how much time has passed since they left the university, CU Medicine students vividly recall their student days, and continue to bring the CU Medicine spirit into their practice.

For Class 2005 alumni Dr. SIN Kai Cheuk Harry, Dr. YANG Li Chuan Marc, Dr. LUK Ngai Hong Vincent, and Dr. HUI Ying Kei, this amount of time now totals 16 years. Fondly, the 40-year-old doctors reminisce about the encounters and learning moments in CU Medicine that led

them to become the doctors they are today.



It Starts with People

There are no better role models for doctors than their teachers. At

CU Medicine, educators like the late Professor of Oncology, Dr. LEUNG Sing Fai, have been stalwart reminders of the very heart of the medical profession: people.



Up until today, Dr. SIN, Associate Consultant of the Intensive Care Unit of Queen Elizabeth Hospital, remains in awe of Professor LEUNG's amazing

dedication to his students. “With nearly 140 students in class, the professor still managed to return student papers with personalised comments, and with the name of each student written on the envelope,” reminisced Dr. SIN.

Inspired by how his professors’ thoughtful gestures made him feel, Dr. SIN always tries to remember the names of his patients. He attributes his healthy doctor-patient relationships to this personalised approach. “The sheer effort to address patients and family members by name makes them feel valued and respected,” he said.



Dr. YANG, an Emergency Medicine Specialist at CUHK, reports similar student-centric habits from Professor Gregory CHENG, his Medicine and Therapeutics professor at the time. “He knew all our names, and he always knew who passed or failed the exams,” he chuckled. “Students loved visiting him to connect and chat.”

Such presence also inspired Dr. YANG to be sensitive to the needs of those around him. Back in the day, he was the class representative of his cohort, taking on a range of responsibilities from voicing his class’s opinions to the school, to cooking desserts for his roommates.

More than Diseases

Led by exemplary figures, it is not surprising that these doctors have turned out to be good at establishing human connections, fully understanding that “beyond any disease is a person we need to encourage, motivate and inspire towards better health,” shared Dr. HUI, an Internal Medicine Physician currently practicing in Midwest United States.

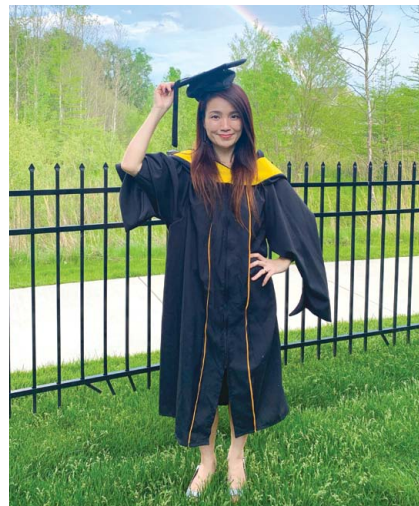
“We learned that the most important thing in treating people is people,” added Dr. LUK. The cardiologist shares that because of these school experiences, personal chats with patients have also become central to his private practice.

“By taking time to know us, as well as trusting us with their personal stories, our professors taught us that forming genuine, emotional bonds is number one in every doctor’s to-do list. From the classroom to the training halls of the hospital, this message had been very clear,” shared Dr. LUK.

Responsible Stewards of Health

Of course, their days in CU Medicine were not always filled with friendly, bonding moments. Their hospital training, for one, tested their grit and resourcefulness in applying their people-first philosophy from the classroom to the real world.

Dr. HUI shared how her CU Medicine’s education, specifically her hands-on experience with patients, disciplined her to “keep digging for an answer.”



She recalls starting out as a shy and quiet student. “But the more I presented a differential diagnosis at the bedside, the more I gained confidence and developed accountability. I learned to be persistent, curious, and to never give up. The training was harsh but it reminded us that we are chiefly answerable to our patients. We need to keep evaluating what we

know against available evidence,” she said.

Dr. LUK echoed this sense of accountability and emphasised the doctor’s role in looking after the patient’s overall health.

“People’s lives are in our hands,” he stressed. Since the family doctor culture is not as well developed in Hong Kong as in other countries, people do not have someone who regularly follows up on their health status and only visit doctors when they feel something wrong. This makes early detection of heart diseases more challenging.

Eager to see more people take charge of their own health, Dr. LUK often gives public talks and proactively brings health knowledge to the community.



“Yes, we can handle diseases once they show up. But as a doctor, I am primarily responsible for keeping people at optimum health. So, I educate as many people as I can about healthy lifestyle choices such as regular exercise and a healthy diet,” he said.

All for Research and Innovation

No matter how good they are at memorising every patient’s name or looking beyond an initial diagnosis, these doctors also acknowledge that they do not always have the answers. They believe that more research, undertaken by CU Medicine graduates, can bring profound developments to the practice.

As an Honorary Clinical Assistant Professor at CUHK, Dr. YANG recognises first-hand the foremost advantage of integrating medical research into the



CU Medicine curriculum: it will help patients. Today, he calls for boosting research and clinical education in the newly opened CUHK Medical Centre.



“A lot of medical research takes place in private organisations. CU Medicine can also promote the CUHK Medical Centre as a platform to uncover new clinical answers to serve patient needs, all while supporting the training of our future doctors,” he said.

The new teaching hospital opened its doors to the public early this year. As the first non-profit private teaching hospital wholly owned by a university, it aspires to promote scientific research, and to bring cutting-edge technology and innovative health solutions to the community.

Dr. LUK added, “It’s nice for CU Medicine’s research to gain recognition, but what’s most important is that the studies improve people’s quality of life.”

Learning Never Stops

Wherever they are and however they can, these four doctors strive to model the personal touch and relentless

thirst for knowledge which distinguish many CU Medicine graduates around the world.

Dr. SIN, for instance, has recently developed a VR-assisted simulation programme that allows interns to perfect their blood test procedures. “Besides requiring less time and manpower, technology-assisted training helps interns get the process more accurately,” he said. He urged fellow doctors to spend more time learning how to use these innovations to empower each other, including the next generation of doctors.

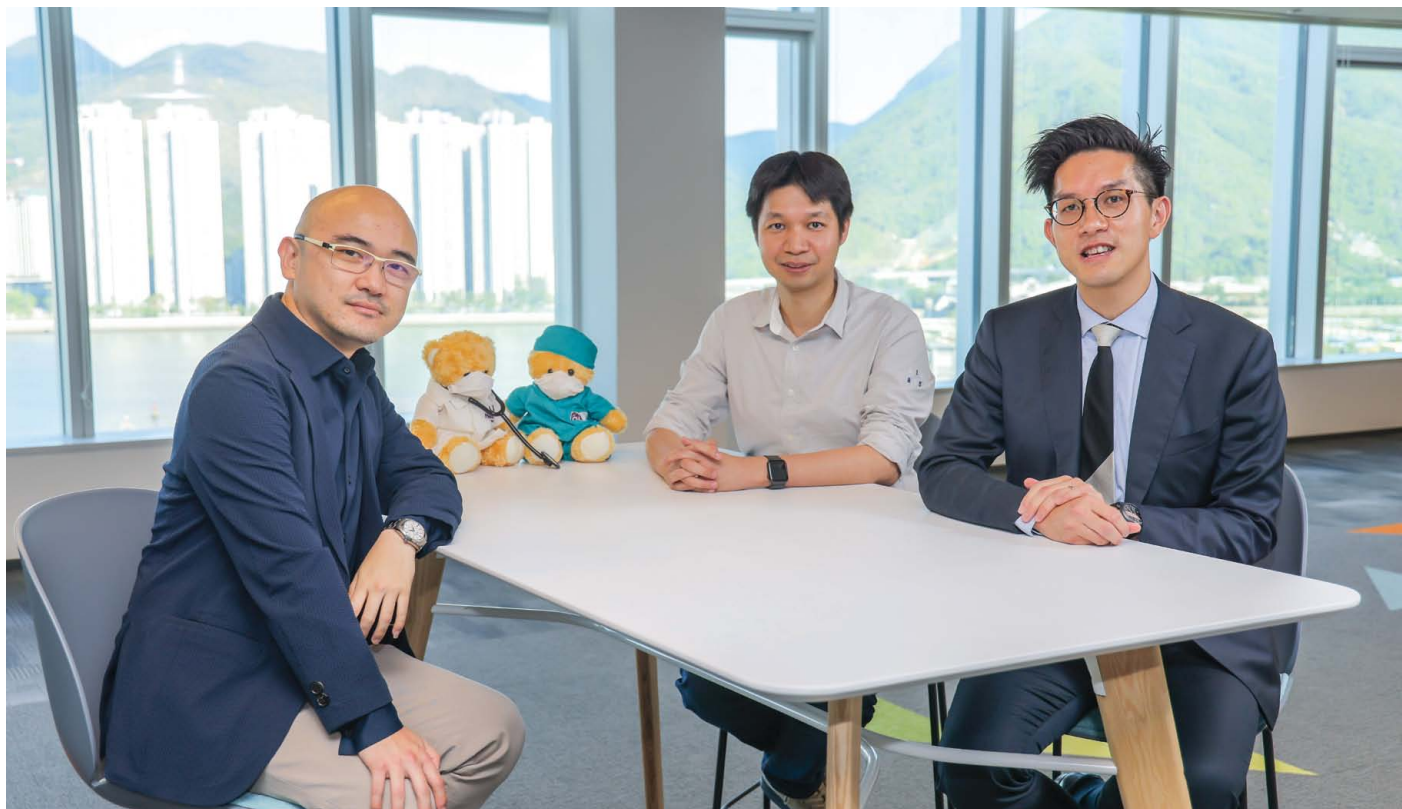
As a word of advice to future doctors, Dr. HUI concluded, “Everyone can acquire knowledge, but work ethics and a grateful heart are what make one stand out. Prioritise patient care, insist on the finding the truth, and be open-minded. Medical knowledge is always evolving. It’s a lifelong journey.”

Remember Your “Why”

For CU Medicine, this lifelong journey began forty years ago, with 60 aspiring medical students. Thousands of graduates have since cured and changed the world for the better. Like our four doctors, they continue to give honour to the 40-year-old dreams and aspirations of the school through their work.

Today and always, Dr. SIN, Dr. YANG, Dr. LUK, and Dr. HUI remember their purpose. Straddling between acquired wisdom and exciting discovery, they confidently draw on the past to influence the future. As life begins for them, this magic number— 40 — also rekindles CU Medicine’s passion in nurturing human connections, pursuing precision, and empowering the future with world-class talent and innovation.





於2005年畢業的同班同學冼佳卓醫生、楊聿川醫生、陸毅康醫生和許英琪醫生一直努力工作的同時，不斷增進醫學知識，如今在不同專科及工作崗位發熱發亮，體現了中大醫學院的精神，他們都很感激母校的悉心栽培。

以人為本的教學

回顧習醫生涯，教授們的悉心教導最為校友們津津樂道。伊利沙伯醫院深切治療部副顧問醫生冼佳卓憶述：「我們班約有140位同學，已故腫瘤科教授梁承暉醫生當年為我們逐個寫評語，還會在信封寫上各人的名字。」梁教授以身作則，彰顯中大醫學院以人為本的精神。這令冼醫生明白到原來用心記住病人和家屬的名字會讓他們感到受尊重，建立良好醫患關係。

香港中文大學醫院急症科專科醫生楊聿川分享難忘經歷：「當年在內科及藥物治療學系任教的鄭彥銘教授為人非常親切，能記住逾百位同學的名字及考試成績，同學都愛結伴找他聊天。」擔任班代表的楊醫生亦以他為榜樣，作為同學與校方交流的橋樑，也會為宿友煮糖水。

醫病先醫人

校友們一直緊記母校的教誨，行醫須「以人為本」，這放諸四海而皆準。早在畢業後已到美國執業，目前在美國中部任職內科專科醫生的許英琪回憶：「我們為病人治療時，也不忘關顧他們的身心健康。」

私人執業心臟科醫生陸毅康深信做醫生最重要是用心聆聽病人需求，因此他愛跟病人聊天，他回憶：「當年教授們願意花時間了解我們，亦會分享自己的事，使我領悟到溝通對行醫很重要。」

踏出校園，轉戰醫院實習，他們要實踐以人為本的哲學。許醫生不諱言中大醫學院「尋根究底」的訓練使原本個性害羞的她漸漸建立出自信和堅毅。她回憶：「臨床時要不斷鑑別診斷，那種訓練很艱苦，卻時刻提醒我們要為病人負責，反覆推敲自己的診斷。」

陸醫生認同作為醫生著實肩負重任：「因為病人將生命交託在我們的手上。」在香港，大部分病人都是身體不適才去求醫，較少預先諮詢家庭醫生。為提高市民對心臟病的關注，及早察覺病徵，他常於公開講座向市民推廣健康生活方式，畢竟預防勝於治療。

研究及創新

四位校友皆以中大醫學院為榮，深信母校發表的學術研究有助醫學發展更上一層樓。楊醫生兼任中大醫學院名譽臨床助理教授，認為結合研究及教學最終可以造福病人，他說：「不少醫學研究均在私人機構進行，而香港中文大學醫院正好作為平台，既支持中大醫學院的臨床研究以造福病人，同時亦可培訓新一代的醫生。」

作為本地第一所由大學全資擁有的非牟利私營教學醫院，香港中文大學醫院矢志推動科學研究，為社會提供尖端科技和創新醫療方法。陸醫生說：「這些研究不僅提升國際對中大醫學院的認同，最重要的是能改善大眾的生活質素。」

學海無邊

畢業至今，四位醫生一直努力不懈追求知識，冼醫生近年為實習醫生開創用來練習抽血技巧的虛擬實境（VR）模擬訓練課程，他勸勉新世代的醫生：「要不斷學習日新月異的醫學知識及善用創新技術，然而醫德和仁心更加重要，我們要優先照顧病人。」

中大醫學院創立時，第一屆只有60位醫科生，及後栽培出一代又一代優秀醫生，當中這四位校友憑着對醫學的熱誠和知識開創未來，與中大醫學院攜手守護大眾的健康。



Lighting the Way Forward: 40 Years of CU Medicine

醫學院四十年 明燈照欲然

Professor Francis CHAN

陳家亮教授 (MBChB 1988)

Dean, Faculty of Medicine



In 2021 CUHK's Faculty of Medicine celebrates its 40th anniversary. Coincidentally, in this same year QS World University Rankings places this Faculty in 40th position among the world's approximately 2,800 medical schools. Since this ranking represents a notable milestone, we met with the Faculty's Dean, Professor Francis CHAN to discuss the School's memorable journey and his vision for its future.

2021年對中大醫學院是個重要里程碑，既是創院40週年，又於QS世界大學醫科排行榜上，排名第40位。為此，我們有幸邀得中大醫學院院長陳家亮教授（1988內外全科醫學士）為大家分享他的珍貴回憶和對未來的願景。

Medical students are known to burn the midnight oil. Nevertheless, in his student days, Professor CHAN studied well beyond such time. In the early hours of most days, while the campus was draped in darkness, the light in his dorm window was the only thing visible around Chung Chi College. This earned him the nickname, "The Chung Chi Lighthouse".



A lighthouse serves as a guiding light. Now serving as the Faculty's Dean since 2013, Professor CHAN justifies being called by the same moniker that he acquired as a student. He continues to be a role model

in terms of his teaching ability, research accomplishments, dedicated clinical service and in terms of the Faculty becoming internationally recognised as a centre of excellence. However, as he is quick to point out, a milestone is just one point in any journey, not its end. "Success is its own worst enemy. There is never a good time for complacency. When you reach a milestone, you should already be heading towards the next one, while never forgetting to be grateful to those who made the journey, up to that point, successful."

Standing on the Shoulders of Giants

With an air of humility, characteristic of many CU Medicine alumni, Professor CHAN reflected on the Faculty's humble beginnings and the inspirational leadership of others that guided the school through its 40-year development.

"The late Professor Gerald H. CHOA was a great influence on both CU Medicine and me personally." Professor CHAN recalled an incident when the Founding Dean helped him apply for financial assistance. "To him it might have been a simple act in supporting a student of modest means, but for myself, the impact was profound."



Professor CHAN described Professor CHOA as showing the same care and attention in everything he did in establishing CU Medicine. With limited resources and no proper teaching hospital in the earliest years, Professor CHOA's tenacity enabled the Faculty

get off the ground on schedule and established a foundation for its subsequent successes.

Professor CHAN also pointed to the hard work and vision of all the former deans. "I believe that each was driven by a distinct mission suited for that particular stage in the school's development." Examples of this include the curriculum revisions brought in by Professor Sydney CHUNG and the academic inspiration provided by his teacher, friend and former CUHK President, Professor Joseph SUNG. Professor CHAN sees his own mission as guiding CU Medicine into the future from the vantage point of research innovation and talent development, both of which are closely integrated.



Leading the Way with Research

"As medical professionals, our job is to make the world a healthier place. Research enables this by creating new medical possibilities. My passion lies in advancing and sharing medical knowledge that can ultimately help more people." This desire to improve the world of healthcare explains why, on top of his administration and management duties, Professor CHAN insists on being, first and foremost, a doctor.

Despite his extremely busy schedule, he continues to teach medical students and publish his research on gastrointestinal bleeding, cancer prevention, and gut microbiota in prestigious international medical journals. He received the 2018 International Leadership Award by the American College of Gastroenterology. He was conferred an Honorary Doctorate Degree by the Osaka City University in 2018, an honour that only 12 doctorates were awarded in its 138-year history. He is Asia's most published scholar in Aspirin and was named one of the world's foremost experts on this topic in 2019 by the American medical ranking platform *ExpertScape*. With such leadership, the academic staff in CU Medicine have now earned themselves a well-recognised place on the global stage of medical research.

Developing Vision and Character

In order to drive this quest for new knowledge, Professor CHAN pointed out that talent development must be a priority for any medical school. "How do we know if we've been successful in developing people? It is when others can identify CU Medicine graduates by the quality of their work, character, and values. Whether we are training doctors, nurses, or medical research scientists, our principle is to cultivate professionals who always put patients first. This is the core value underpinning our growth as an institution and will continue to guide us as we seek to innovate and expand our boundaries."

Looking forward, Professor CHAN is particularly excited about the potential CU Medicine has in establishing itself as a leader in medical innovation and technologies. "Healthcare and MedTech are quickly gaining traction; the demand and talent growth for both are robust. Provided the focus of our innovation work remains on the needs of patients, we will enable our future medical professionals to make meaningful contributions across the globe in any area of medicine. This is the direction I would love to see CU Medicine take for the next forty years and beyond."



醫科生總是勤奮學習，常挑燈夜讀，當眾人已紛紛就寢，校園內漆黑一片，獨剩下陳院長宿舍房間的燈光，照耀着崇基書院，因此獲封「崇基燈塔」。

陳教授自2013年擔任中大醫學院院長，至今仍肩負著學生年代的綽號，晉身成為醫學院的燈塔，以卓越的教學能力、科研成果、臨床服務，引領中大醫學院孜孜不倦向前邁進，使其成為蜚聲國際的醫學院。然而，陳教授表示我們不能因此自滿：「成功是成功最大的敵人，每個里程碑只是旅程的中途站，在不斷向前奮進的同時，亦不忘感激曾對中大醫學院成就作出貢獻的人。」

站在巨人的肩膀

儘管創院初期艱苦，陳教授表示有賴一眾個性謙厚、具領導才能的中大醫學院賢師及校友，醫學院過往40年發展才能一日千里。

陳教授稱已故的創院院長蔡永業教授不論對中大醫學院，以至陳教授個人的成長都有著深遠的影響。他憶述蔡院長當年為他申請學生經濟援助的一幕，感嘆道：「這對他或許是舉手之勞，對我卻是意義深重。」

他形容蔡教授創建中大醫學院時，事無大小均考慮周全，即使早期資源有限又遇上教學醫院未能按時竣工，蔡教授仍堅毅不屈、排除萬難，令醫學院可如期教學，為日後奠下成功的基石。

陳教授亦感激多位前任院長當年努力不懈、高瞻遠矚，對醫學院作出許多偉大貢獻：「我相信每一任院長各有使命，推動醫學院各個階段的發展。」當中，如鍾尚志教授革新



課程；與陳教授亦師亦友的前中大校長沈祖堯教授春風化雨；陳教授則矢志帶領醫學院在創新科研及人才培訓方面更上一層樓，兩者相輔相成。

開拓科研前路

「作為醫療專業人士，我們的工作是要改善人們的健康，因此需要學術研究，開發醫學創新帶來的各種新機遇。我很享受探究和分享醫學知識，希望能幫助到更多人。」這種使命驅使陳教授在行政和管理工作，改善醫療領域的同時，仍不忘緊守醫生的崗位。

儘管他日理萬機，仍然堅持親身教學，又常在著名國際醫學期刊發表對腸胃道出血、預防癌症及腸道菌群的研究。陳教授獲美國胃腸病學會頒授2018年度國際領袖成就獎，同年又獲日本大阪市立大學頒授名譽博士榮銜，該校138年來只頒授過12個榮譽博士學位；他也是全亞洲發表最多關於亞士匹靈研究的學者，並於2019年獲美國醫學資訊機構ExpertScape選為「研究亞士匹靈的全球頂尖學者」。陳教授以卓越的科研成就，引領中大醫學院各科研團隊漸漸在國際備受重視。

建立願景和定位

陳教授相信每所醫學院要創造新知識，培育人才是重中之重，要分辨出誰是中大醫學院畢業生，就其工作表現、品格和價值觀可見一斑。不論是培訓醫生、護士或醫學科研人員，我們都堅持以病人為先的大原則。「我們的核心價值是醫學院成長的根基，並會繼續引領我們尋求創新及突破。」

展望未來，陳教授期望中大醫學院在醫學創新及科技擔當領導角色，他說：「醫療保健與創新醫學科技急速發展，這兩方面的需求和人才培訓也與日俱增。我們致力開發及推展以病人為本的創新科研，同時亦確保未來醫學人才能夠於全球不同醫學領域上作出貢獻，這是我所樂見中大醫學院未來40年及更長遠的發展方向。」



Scan to enjoy interview video:
<https://bit.ly/3ktQ5QO>

Virtual Teachers' and Students' Awards Presentation Ceremony 2021

Amid the COVID-19 pandemic and its restriction on physical events, we organised an unprecedented Virtual Awards Presentation Ceremony to recognise the achievements of all our outstanding teacher and student awardees on 27 February 2021.



The event was officiated by Dr. Thomas TSANG, President of Hong Kong College of Community Medicine, and Dr. LUK Che Chung, Cluster Chief Executive of Hong Kong East Cluster, Hospital Authority. More than 300 Faculty members, donors, teachers, students and their families joined the virtual ceremony.

During the ceremony, top academics were presented with the Teachers' Award, while outstanding students from within the Faculty – including Medicine, School of Biomedical Sciences, School of Chinese Medicine, The Nethersole School of Nursing, School of Pharmacy and The Jockey Club School of Public Health and Primary Care – were awarded some 100 prizes and scholarships in recognition of their brilliant achievements.



Zoom Crash Course on Clinical Exam & OSCE

The Crash Course on Clinical Exam & OSCE, an activity within the CU Medical Alumni Buddy Programme, was held on 9 March 2021. Moderated by CU Medical Alumni Buddy Convener Dr. Bonita LAW (MBChB 1992), the workshop was well received by over 250 clinical year students, who said that the exam and presentation tips were very useful.

We are grateful for the support from the guest speakers who shared their experience during the webinar, including Dr. Heyson CHAN (MBChB 2007), Associate Consultant and Clinical Associate Professor (Honorary), CUHK; Dr. George LAW (MBChB 2008), Associate Consultant, Orthopaedics & Traumatology, AHNH; and Dr. Shirley LIU, Consultant and Honorary Clinical Assistant Professor, CUHK.



Exclusive MBChB Alumni Visit to CUHK Medical Centre

After years of planning, the CUHK Medical Centre officially commenced service on 6 January 2021. Many of our MBChB alumni have been longing to get a closer look into this brand new private teaching hospital, which is wholly owned by CUHK. On 13 March 2021, the Faculty and CUHK Medical Centre co-organised an exclusive visit for MBChB alumni, led by Professor Justin WU, Chief Operating Officer of CUHK Medical Centre and Professor Paul LAI, Medical Director (Quality and Safety) of CUHK Medical Centre. The tour provided our medical alumni an opportunity to learn the hospital's operations, facilities and its future planning, and allowed alumni from across different specialties to share their valuable experience in private practice, and give suggestions for enhancing the services and management of the CUHK Medical Centre so that it can continue to meet the needs of the community.



Hybrid Career Workshop on Obstetrics & Gynaecology, Orthopaedics and Paediatrics

About 120 CUHK medical students and interns had the opportunity to meet and learn from CUHK medical alumni during the career workshop on 21 May 2021. Dr. Bonita LAW (MBChB 1992), the convener of CU Medical Alumni Buddy Group, was the moderator.

This workshop is particularly beneficial for medical students and interns who still have not selected a specialty. The eight speakers each gave a sharing on their career choices, daily work, and the challenges they face in the workplace.

We very much appreciate the staunch support from our guest speakers. Thank you to Dr. SO Yick Ling, Elaine (MBChB 2017), Resident, Department of O&G, PMH; Dr. CHENG Kwun Yue, Yvonne (MBChB 2004), Specialist in O&G, Private Practice; Dr. YU Kai Man (MBChB 1987), Department Head of O&G, Union Hospital; Dr. KWOK Rosaline Hiu Mun (MBChB 2019), Resident, Department of O&T, PMH; Dr. LIYEUNG Lugee Lucci (MBChB 2011), Orthopaedic Surgeon, PWH; Dr. LAW Kan Yip, Billy (MBChB 2001), Orthopaedic Surgeon, Private Practice; Dr. LAU Hoi Ying, Sharon (MBChB 2016), Resident, Department of Paediatrics, PWH; Dr. LEUNG Cheuk Wa, Wilfred (MBChB 1994), Honorary Consultant in Paediatrics, Baptist Hospital and Union Hospital, for sharing your experiences, inspirations and memorable moments with our students.



Thank You for Being Part of Our Journey 感激沿途有你

When people think of Med Can (Choh-Ming Li Basic Medical Sciences Building Snack Bar), the “CUHK Famous” Lemon Pie is the first thing that usually comes to mind. For professors, alumni and students of CU Medicine, however, their minds might drift instead to the familiar face sitting behind the snack shop register — Auntie Amy. For 26 years, Auntie Amy has been greeting people with her warm and friendly smile every day.

Med Can is home to many medical students and teachers from various departments, and Auntie Amy can recognise most of them. “Medical students love to have breakfast together. They are a tight-knit group. The senior students bring the new students to meet me every September,” she mused.

Successful alumni returning to Med Can never fail to greet Auntie Amy, the same way they would reacquaint with an old friend. “Former CUHK President Professor Joseph SUNG, Dean Francis CHAN, Professor Patrick YUNG, Professor Simon NG and Professor Paul LAI always stop to say hello and chat with me. They are all famous, but all very down to earth,” she said.

With a daughter about the same age as the medical students, Auntie Amy always treats the students like her own children. Sometimes students would talk with her and tell her their troubles. “I can’t help much, but I can listen and give them some encouragement,” she said.

Auntie Amy once called a nearby clinic to help a student who hadn’t eaten breakfast and was feeling faint. Another time, a student sheepishly found his wallet empty after ordering food. Auntie Amy patted him on the shoulder and told him that the meal was on her. Through these small yet thoughtful gestures, Auntie Amy has been silently looking out for her “children.”

Now all grown-up with promising medical careers, alumni sometimes return to Med Can to catch up with Auntie Amy, or to simply reminisce about their school years with her. Some alumni, including the son of Professor Michael TAM, even invited her to their weddings. Auntie Amy joked, “I received five separate wedding invitations in December. Teachers and students were so busy taking pictures with me during the wedding receptions, I almost stole the show. Haha!”

Filled with precious and youthful memories of CU Medicine alumni, Med Can will always be a great place with a unique personal touch, thanks to people like Auntie Amy.



每當提及Med Can（李卓敏基本醫學大樓小食店），第一時間浮現在眾人腦海的，是「中大名物」檸檬批；然而，中大醫學院的教授、校友和醫科生卻會想起在小食店收銀機前坐鎮已26個年頭的Amy姐，因為她每天都會展現出親切的笑容，和他們寒暄兩句，已令人感到非常溫暖。

即使Med Can雲集了許多醫學院及其他學系的師生，Amy姐都能認出大部分醫科生，她說：「醫科生愛相約吃早餐，他們的凝聚力強，高年級學生每年9月便帶新生來介紹給我認識。」

這些學生多年後事業有成，回到Med Can還是會把她視作好朋友，仍然稱她Amy姐，她說：「像前中大校長沈祖堯教授、畢業生陳家亮院長、容樹恒教授、吳兆文教授和賴寶山教授等都是名醫，但完全沒有架子，會跟我打招呼和聊天。」

Amy姐說因為醫科生與她的女兒年齡相仿，故此她都將學生當作兒女般相處，間中有學生來找她傾訴，她說：「雖然我幫不了甚麼，但都會勉勵他們，跟他們聊一會，讓他們放鬆一下心情。」

曾有學生因太晚吃早餐而在小食店感到暈眩，幸得細心的Amy姐及早發現，幫他致電附近的診所求助；亦試過有學生點完食物方知銀包空空如也，感到十分焦急及尷尬，Amy姐輕拍他的肩膀，說那一餐由她請客，Amy姐就是這樣一直默默的守護大家。

學生畢業成為醫生後，有時回到Med Can都會找Amy姐聊聊近況，簡單的敘舊，懷緬求學時期的美好時光。有些畢業生甚至會邀請她參加婚宴，包括譚兆祥教授兒子結婚也有邀請她。Amy姐以她一貫幽默的語氣打趣說：「有年12月我收了5張喜帖，婚宴席間有不少醫學院師生跟我拍照，都擔心可能會搶了主人家的風頭，哈哈！」

Med Can是個人情味濃厚的好地方，載滿了不少醫科校友青澀歲月的珍貴點滴。



During peak periods, fresh lemon pie are sold at 3:00 pm every day, with more than 200 pieces sold within half an hour.
高峰期時，檸檬批每天下午3時出售，半小時便售出200多件。



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